

# Before your next surgery, *ask your surgeon one question.*

Opportunistic salpingectomy (OS) is the removal of the fallopian tubes during a pelvic surgery you are already having. Research shows most high-grade ovarian cancers begin in the fallopian tubes — removing them adds only minutes to your procedure and may significantly reduce your lifetime cancer risk.

## THE QUESTION TO ASK

*"Would I be a candidate for opportunistic salpingectomy?"*

Ask your gynecologist, surgeon, or family doctor before any planned pelvic procedure.

## AM I A CANDIDATE?

- You are scheduled for a hysterectomy, tubal ligation, cesarean section, or laparoscopic procedure
- You do not wish to become pregnant in the future
- You have fallopian tubes (have not had them removed previously)

## WHAT TO EXPECT

- **10–15 min** added to your existing procedure — minimal extra time
- **Ovaries intact** no impact on hormones, menstrual cycles, or menopause timing
- **Covered by MSP** no additional cost when performed with an insured pelvic surgery in BC
- **Low added risk** considered safe in experienced surgical hands

## MORE QUESTIONS FOR YOUR DOCTOR

- Am I a good candidate for OS given my health history?
- What are the risks specific to my situation?
- Will this affect my recovery time?
- Is there any reason NOT to do it in my case?

## MY DOCTOR'S RESPONSE